

Item	Quantity
t-shirts (not cotton)	2
Long sleeve shirt (not cotton)	2
Long pants (not cotton)	2
Fleece jacket (synthetic) or heavy wool sweater	1-2
Work gloves (if possible)	1
Warm gloves	1-2
Warm jacket	1
Underwear	3
Wool socks	3-4
Liner socks (synthetic)	3-4
Synthetic long underwear (base layer) top & bottom	2
Rain gear (pants and jacket)	
Warm hat (wool or synthetic)	
Sun Hat	
Hiking boots	
Bandana	
Sleeping bag (30°F)	
Sleeping pad	
Toiletries (toothpaste, toothbrush, etc)	
Headlamp or flashlight	
2 water bottles (like 1L Nalgene)	
Mess kit - bowl, spoon, cup (fork and knife optional)	
Scout handbook	
Clothes to sleep in (can be cotton)	
Lightweight daypack	
Large duffel or backpack to fit everything	

Optional Items Optional Items

Camera

reading book

pocketknife (Need Totin' Chip)

NO ELECTRONICS WHILE CAMPING